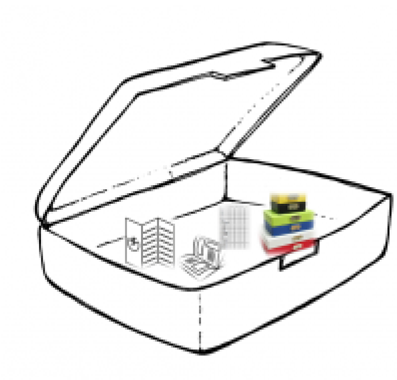
# Setting Up a Session

Previously if you wanted to give a training to pathologists, you'd need a full briefcase: you'd need enough exemplar slides for all your students per indication/biomarker, exam forms, case information… and that's before you even begin to consider the microscopes!

Projects and sessions were designed to completely eradicate the need for these suitcases. A project contains everything you need to train other pathologists.



A session contains:

1. All your participants
2. The ability to invite and/or contact all of them at once
3. Tracking of email invitations and logins
4. Forms to capture the data from the participants
5. Reader manuals / interpretation guides (videos, powerpoints, pdf's, etc)
6. Cases collections ('slide boxes') which all your participants can see at once
7. Consensus scores

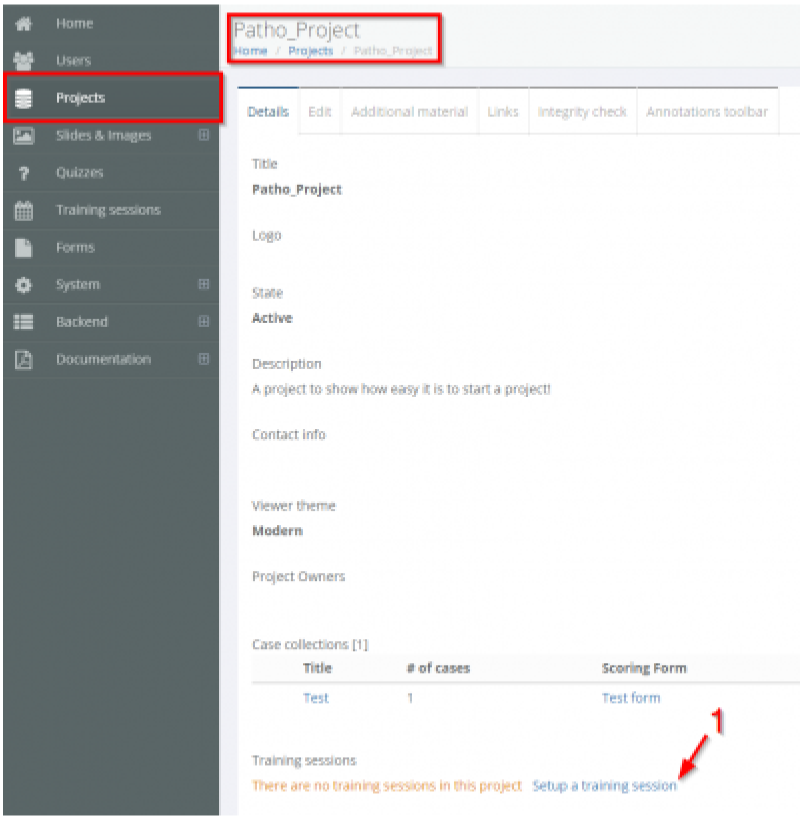
### Walkthrough

You can follow this video to get started, or go through the illustrated guide that follows it

trainingsession_pma.control.mp4

You can make a new session in two ways:

A) By navigating to the details tab of your project and clicking the bluetext prompt to add a new training session (1):




B) Navigating to the training sessions tab in the sidebar and clicking “Create” (1):