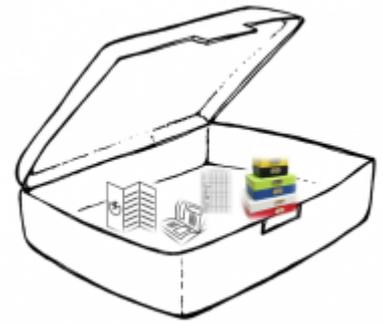# Setting Up a Session

Previously if you wanted to give a training to pathologists, you'd need a full briefcase: you'd need enough exemplar slides for all your students per indication/biomarker, exam forms, case information... and that's before you even begin to consider the microscopes!

Projects and sessions were designed to completely eradicate the need for these suitcases. A project contains everything you need to train other pathologists.

A session contains:

1. All your participants
2. The ability to invite and/or contact all of them at once
3. Tracking of email invitations and logins
4. Forms to capture the data from the participants
5. Reader manuals / interpretation guides (videos, powerpoints, pdf's, etc)
6. Cases collections ('slide boxes') which all your participants can see at once
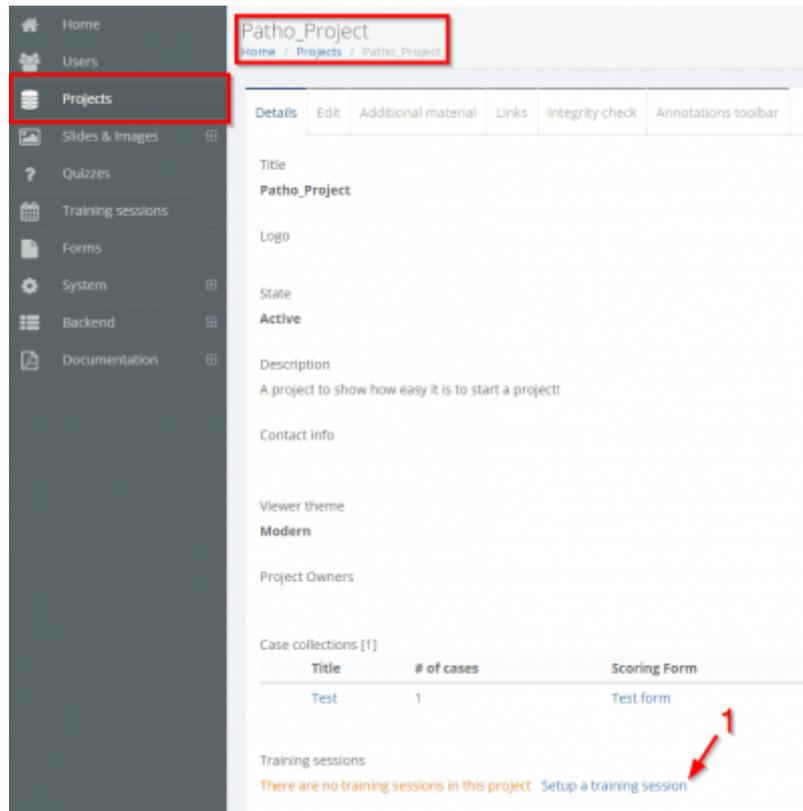7. Consensus scores

Walkthrough

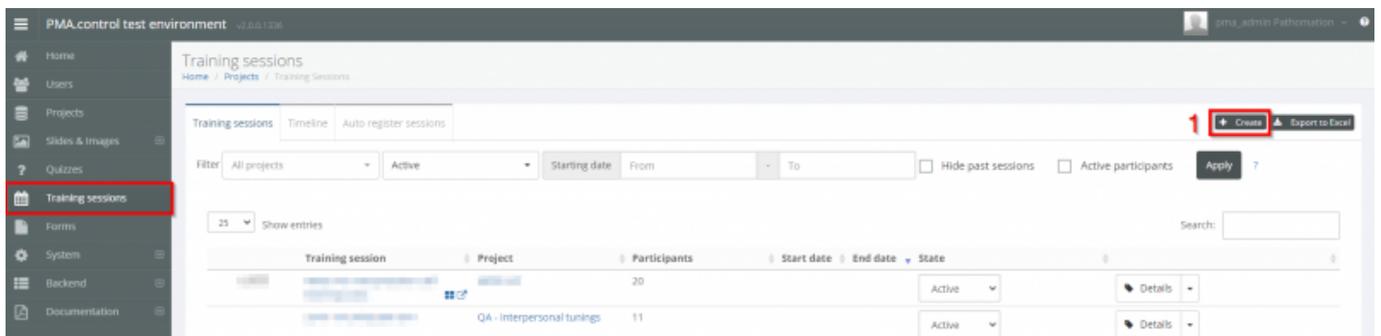You can follow this video to get started, or go through the illustrated guide that follows it

trainingsession_pma.control.mp4

You can make a new session in two ways:

A) By navigating to the details tab of your project and clicking the bluetext prompt to add a new training session (1):

B) Navigating to the training sessions tab in the sidebar and clicking "Create" (1):